



CPR / AED TRAINING

Course Description:

Basic Life Support (BLS) training reinforces healthcare professionals' understanding of the importance of early CPR and defibrillation, basic steps of performing CPR, relieving choking, and using an AED; and the role of each link in the Chain of Survival.

This course teaches easy to learn emergency procedures that prepare participants to respond to breathing and cardiac emergencies in infants and children (birth to age 8), and adults (age 9 and up). Participants will learn how to perform abdominal thrusts, rescue breathing, CPR, and care for an unconscious choking victim. Use of the Automated External Defibrillator (AED) is also included in the training.

Prerequisites: None

Course Length: 3 - 4 hours

Certification: A certificate of completion will be issued at the end of the course. Fees may apply for the completion card.